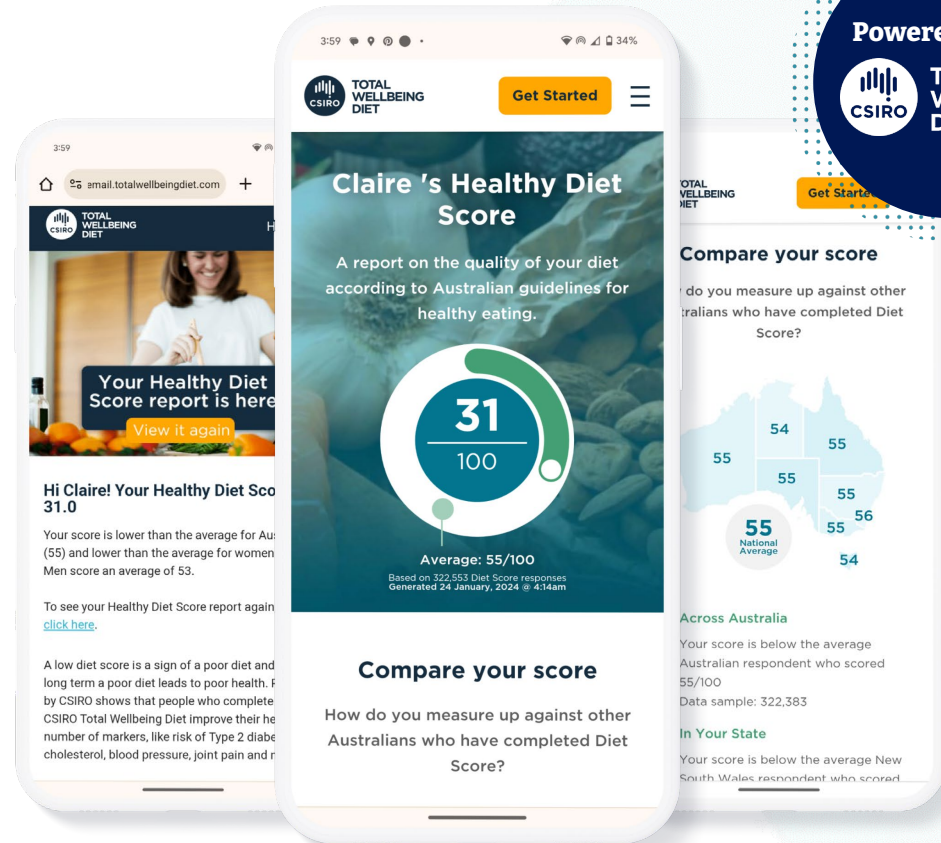


Healthy Diet Score

Over 320,000 Australians have completed the CSIRO Healthy Diet Score. Based on the Australian dietary guidelines, this quick and appealing survey provides great insight into eating habits and diet quality for both the employer and employee.



Benefits

Employer

Easy, high-quality & equal opportunity for the entire workforce.

Workforce report to gain insights to help instil change & impact.

Have a higher impact on those that require additional support.

Benefit from brand recognition & receive a customised landing page.

Start building a healthier workforce by encouraging self-awareness.

Employee

Convenient, and accessible. Anytime, anywhere.

Personalised score & report with comparison to other Australians.

Show real employee value by supporting those who need it.

Builds a sense of community and team belonging.

Self-awareness to identify areas for improvement and change.

How it works



Creating health awareness across your workforce

To understand more about the healthy diet score, how easy it is to rollout out and how it can help target your at-risk employees please get in touch.

[Enter your details to receive more information and pricing – enquire here now!](#)



Quick & easy

10 minutes to complete.



Visually appealing

Easy click answers, progress bar along the top.



Personalised report

Employee receives their score, a comparison to Australians & suggestions for improvement.



Cohort reporting

For your demographics, scores and other insights on your employees.